



Spencer Meier Hockey Camp

SCHEELS ATHLETIC COMPLEX // August 5 – August 8, 2024
BANTAM SCHEDULE

MONDAY, AUGUST 5, 2024	
1:00 PM – 1:15 PM	Player Check-In
1:15 PM – 1:45 PM	Dynamic Warm-UP
1:45 PM – 2:15 PM	Shooting & Stick Handling
3:15 PM – 4:45 PM	On-Ice Skill Development & Competitions
5:00 PM – 5:15 PM	Player Pick-Up

TUESDAY, AUGUST 6, 2024	
1:00 PM – 1:15 PM	Player Check-In
1:15 PM – 1:45 PM	Dynamic Warm-UP
2:00 PM – 3:00 PM	Off-Ice Skills Competition
3:15 PM – 4:45 PM	On-Ice Skill Development & Competitions
5:00 PM – 5:15 PM	Player Pick-Up

WEDNESDAY, AUGUST 7, 2024	
1:00 PM – 1:15 PM	Player Check-In
1:15 PM – 2:30 PM	Field Trip
2:30 PM – 3:00 PM	Dynamic Warm-Up
3:15 PM – 4:45 PM	On-Ice Skill Development & Competitions
5:00 PM – 5:15 PM	Player Pick-Up

THURSDAY, AUGUST 8, 2024	
1:00 PM – 1:15 PM	Player Check-In
1:15 PM – 2:00 PM	Classroom Session
2:00 PM – 2:45 PM	Shooting & Stick Handling
2:45 PM – 3:00 PM	Warm-Up
3:15 PM – 4:45 PM	On-Ice Skill Development & Competitions
5:00 PM – 5:15 PM	Player Pick-Up

**Schedule is subject to change. Visit www.SpencerMeierHockey.com for updates.*