



# Spencer Meier Hockey Camp

SCHEELS ATHLETIC COMPLEX // August 5 – August 8, 2024

## MITE SCHEDULE

MONDAY, AUGUST 5, 2024	
8:15 AM – 8:45 AM	Player Check-In
9:00 AM – 10:00 AM	On-Ice Skill Development
10:15 AM – 11:00 AM	Team Building
11:00 AM – 11:30 AM	Outdoor Games
11:45 AM – 12:15 PM	Lunch
12:45 PM – 1:45 PM	On-Ice Skills & Competitions
2:15 PM – 3:00 PM	Dryland
3:15 PM – 4:00 PM	Off-Ice Competitions
4:00 PM – 4:15 PM	Player Pick-Up

TUESDAY, AUGUST 6, 2024	
8:15 AM – 8:45 AM	Player Check-In
9:00 AM – 10:00 AM	On-Ice Skill Development
10:30 AM – 11:30 AM	Dryland
11:45 AM – 12:15 PM	Lunch
12:45 PM – 1:45 PM	On-Ice Skills & Competitions
2:00 PM – 2:45 PM	Shooting & Stick Handling
3:00 PM – 3:45 PM	Outdoor Games
4:00 PM – 4:15 PM	Player Pick-Up

WEDNESDAY, AUGUST 7, 2024	
8:15 AM – 8:45 AM	Player Check-In
9:00 AM – 10:00 AM	On-Ice Skill Development
10:30 AM – 12:00 PM	Field Trip
12:00 PM – 12:30 PM	Lunch
12:45 PM – 1:45 PM	On-Ice Skills & Competitions
2:00 PM – 2:45 PM	Dryland
3:00 PM – 4:00 PM	Outdoor Games
4:00 PM – 4:15 PM	Player Pick-Up

THURSDAY, AUGUST 8, 2024	
8:15 AM – 8:45 AM	Player Check-In
9:00 AM – 10:00 AM	On-Ice Skill Development
10:15 AM – 11:00 AM	Shooting & Stick Handling
11:00 AM – 11:30 AM	Lunch
11:45 AM – 12:30 PM	Classroom Session
12:45 PM – 1:45 PM	On-Ice Skills & Competitions
2:00 PM – 2:30 PM	Division 1 Player Q&A
2:30 PM – 3:15 PM	Off-Ice Skills Competitions
3:15 PM – 3:45 PM	Awards & Autograph Signing
4:00 PM – 4:15 PM	Player Pick-Up

\*Schedule is subject to change. Visit [www.SpencerMeierHockey.com](http://www.SpencerMeierHockey.com) for updates.