



# Spencer Meier Hockey Camp

SCHEELS ATHLETIC COMPLEX // August 5 – August 8, 2024

## PEE WEE SCHEDULE

MONDAY, AUGUST 5, 2024	
9:15 AM – 9:45 PM	Player Check-In
9:45 AM – 10:30 AM	Team Building Activity
10:30 AM – 11:00 AM	Dynamic Warm-Up
11:30 AM – 12:30 PM	On-Ice Skill Development
12:45 PM – 1:15 PM	Lunch
1:30 PM – 2:15 PM	Shooting & Stick Handling
2:15 PM – 3:00 PM	Off-Ice Skills & Competitions
3:15 PM – 4:45 PM	On-Ice Competitions
5:00 PM – 5:15 PM	Player Pick-Up

TUESDAY, AUGUST 6, 2024	
9:15 AM – 9:45 PM	Player Check-In
9:45 AM – 10:30 AM	Dynamic Warm-Up
10:30 AM – 11:15 AM	Dryland Training
11:30 AM – 12:30 PM	On-Ice Skill Development
12:45 PM – 1:15 PM	Lunch
1:30 PM – 2:15 PM	Shooting & Stick Handling
2:15 PM – 3:00 PM	Off-Ice Skills & Competitions
3:15 PM – 4:45 PM	On-Ice Competitions
5:00 PM – 5:15 PM	Player Pick-Up

WEDNESDAY, AUGUST 7, 2024	
9:15 AM – 9:45 PM	Player Check-In
9:45 AM – 10:30 AM	Dynamic Warm-Up
10:30 AM – 11:15 AM	Off-Ice Skills Competition
11:30 AM – 12:30 PM	On-Ice Skill Development
12:45 PM – 1:15 PM	Lunch
1:15 PM – 2:30 PM	Field Trip <b>Group 3</b>
2:30 PM – 3:00 PM	Outdoor Games
3:15 PM – 4:45 PM	On-Ice Skills & Competitions
5:00 PM – 5:15 PM	Player Pick-Up

THURSDAY, AUGUST 8, 2024	
9:15 AM – 9:45 PM	Player Check-In
9:45 AM – 10:30 AM	Dynamic Warm-Up
10:30 AM – 11:15 AM	Off-Ice Skills Competition
11:30 AM – 12:30 PM	On-Ice Skill Development
12:45 PM – 1:15 PM	Lunch
1:15 PM – 2:00 PM	Classroom Session
2:00 PM – 2:45 PM	Dryland
2:45 PM – 3:15 PM	Division 1 Player Q&A
3:15 PM – 4:45 PM	On-Ice Skills & Competitions
4:45 PM – 5:00 PM	Awards & Autograph Signing
5:00 PM – 5:15 PM	Player Pick-Up

\*Schedule is subject to change. Visit [www.SpencerMeierHockey.com](http://www.SpencerMeierHockey.com) for updates.