



Spencer Meier Hockey Camp

Sartell, MN // August 8 – 11, 2022

BANTAM SCHEDULE

MONDAY, AUGUST 8, 2022	
1:00 PM – 1:15 PM	Player Check-In
1:15 PM – 1:45 PM	Dynamic Warm-Up
1:45 PM – 2:15 PM	Team Building Activity
2:15 PM – 3:00 PM	Shooting & Stickhandling
3:15 PM – 4:45 PM	On-Ice Skills & Games
5:00 PM	Player Pick-Up

TUESDAY, AUGUST 9, 2022	
1:00 PM – 1:15 PM	Player Check-In
1:15 PM – 2:00 PM	Mental Health Presentation
2:00 PM – 2:30 PM	Off-Ice Competitions
2:30 PM – 3:00 PM	Shooting & Stickhandling
3:15 PM – 4:45 PM	On-Ice Skills & Games
5:00 PM	Player Pick-Up

WEDNESDAY, AUGUST 10, 2022	
1:00 PM – 1:15 PM	Player Check-In
1:15 PM – 1:45 PM	Dynamic Warm-Up
1:45 PM – 2:15 PM	Off-Ice Competitions
2:15 PM – 3:00 PM	Shooting & Stickhandling
3:15 PM – 4:45 PM	On-Ice Skills & Games
5:00 PM	Player Pick-Up

THURSDAY, AUGUST 11, 2022	
1:00 PM – 1:15 PM	Player Check-In
1:15 PM – 1:45 PM	Dynamic Warm-Up
1:45 PM – 2:15 PM	Off-Ice Skills Competition
2:15 PM – 3:00 PM	Off-Ice Competition
3:15 PM – 4:45 PM	On-Ice Skills & Games
5:00 PM	Awards & Autographs
5:15 PM	Player Pick-Up

*Schedule is subject to change. Visit www.SpencerMeierHockey.com for updates.